## March 2024 – Classes

Valleywise Community Health Center – Mesa Family Resource Center **Valleywise** Health

950 E. Main St., Mesa, AZ 85203 | 602-655-6206

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours:         Monday:       8 am - 4:30 pm         Tuesday:       8 am - 4:30 pm         Wednesday:       8 am - 4:30 pm         Thursday:       8 am - 4:30 pm         Friday:       8 am - 4:30 pm				01 • 10:30 am - Read Across America	02
<ul> <li>04</li> <li>10:30 am - Storytime</li> <li>1 pm - Zumbini®</li> <li>3:30 pm - New Hope Teen</li> <li>Pregnancy Class</li> </ul>	05 • 10 am – Computdopt's Digital Skills Builder Program (Registration Required)	06 • 9:30 am - Play & Learn • 10:30 am - Sensory Play • 3 pm - Math Fun	07 ◆ 9 am - Women's Self- Improvement Series ● 10 am - Computdopt's Digital Skills Builder Program (Registration Required) ◆10:30 am - Zumbini®	08 • 11 am - Newborn Care	09
<ul> <li>10:30 am - Fun Arts</li> <li>1 pm - Zumbini®</li> <li>3:30 pm - New Hope Teen Pregnancy Class</li> </ul>	<ul> <li>12</li> <li>8:30 am - Car Seat Program (Registration Required)</li> <li>10 am - Computdopt's Digital Skills Builder Program (Registration Required)</li> <li>5 pm - Safe Sleep for Babies</li> </ul>	<ul> <li><b>13</b></li> <li><b>9:30 am -</b> Play &amp; Learn</li> <li><b>10:30 am -</b> Diggin' Dinos</li> </ul>	<ul> <li>14</li> <li>9 am - Women's Self- Improvement Series</li> <li>10 am - Computdopt's Digital Skills Builder Program (Registration Required)</li> <li>10:30 am - Zumbini®</li> </ul>	<ul> <li><b>15</b></li> <li><b>11 am</b> - Safe Sleep for Babies</li> </ul>	16
18 • 10:30 am - Sensory Play • 1 pm - Zumbini®	<b>19</b> • 10 am - Computdopt's Digital Skills Builder Program (Registration Required)	20 • 9:30 am - Play & Learn • 10 am - ZooToYou - Colorful Animal Friends	21 • 9 am - Women's Self- Improvement Series • 10 am - Computdopt's Digital Skills Builder Program (Registration Required) • 10:30 am - Zumbini®	22 • 10:30 am - A Healthy Holiday • 12 pm - Bike Helmet Give-A- Way	23
25 • 10:30 am - Storytime • 1 pm - Zumbini®	26 ● 10 am - Computdopt's Digital Skills Builder Program (Registration Required) ◆ 5 pm - Safe Sleep for Babies	27 ♦ 9:30 am - Play & Learn ● 10:30 am - Fun Arts	28 ◆ 9 am - Women's Self- Improvement Series ● 10 am - Computdopt's Digital Skills Builder Program (Registration Required) ◆ 10:30 am - Zumbini®	29	30